FDA Categorization of Mesenchymal Exosomes: 351(a) vs 361

This document explores the FDA categorization of mesenchymal exosomes under sections 351(a) and 361 of the Public Health Service Act. It compares the regulatory pathways, clinical development requirements, labeling restrictions, and market perceptions associated with each category. The analysis focuses on why categorization under 351(a) is considered superior for mesenchymal exosomes, despite the more rigorous approval process it entails.



Overview of FDA Categorization

The FDA's categorization of biological products under sections 351(a) and 361 of the Public Health Service Act (PHS Act) plays a crucial role in determining the regulatory pathway and requirements for different types of biological products. This categorization is particularly significant for mesenchymal exosomes, as it impacts their development, approval process, and ultimate market positioning.

Section 351(a) pertains to biological products that are regulated as drugs, requiring a full Biologics License Application (BLA) for approval. In contrast, section 361 covers human cells, tissues, and cellular and tissue-based products (HCT/Ps) that meet specific criteria for minimal manipulation and homologous use. Understanding these distinctions is essential for pharmaceutical companies developing exosome-based therapies.

In this document we will examine the regulatory pathways, clinical development requirements, labeling and claims allowances, and market perceptions associated with each categorization. The analysis will demonstrate why 351(a) categorization is considered superior for these biological products.

Regulatory Oversight Under 351(a)



Pre-clinical Studies

Extensive laboratory and animal studies to establish safety and potential efficacy

IND Application

Submission of Investigational New Drug application to FDA for review

Clinical Trials

Rigorous Phase I, II, and III clinical trials to demonstrate safety and efficacy in humans

Safety Studies

Safety studies must be performed to prove the exosome product is safe for clinical use

BLA Submission

Comprehensive Biologics License Application submitted to FDA for review

FDA Review and Approval

Thorough evaluation by FDA, potentially including advisory committee review

Regulatory Oversight Under 361

Products categorized under section 361 of the PHS Act follow a less stringent regulatory pathway. These HCT/Ps are subject to regulations focused primarily on preventing disease transmission and ensuring structural integrity. The key requirements include:

- Registration of the establishment (not the product) with the FDA
- Compliance with current Good Tissue Practice (cGTP) regulations which is far less stringent when compared to cGMP
- Screening and testing of donors for relevant communicable diseases
- Reporting of adverse events and product deviations

Unlike 351(a) products, 361 HCT/Ps do not require premarket approval from the FDA. This allows for a faster path to market but comes with limitations on the product's intended use and marketing claims. The focus is on ensuring the product is minimally manipulated and intended for homologous use, rather than demonstrating clinical efficacy through extensive trials. 361 products are not permitted to be used systemically unless used in a specific study. Considering 361 categorized exosome products have not been proven safe they are permitted to be used as a topical cosmetic only.

Clinical Development Requirements for 351(a) Products

The clinical development process for products categorized under 351(a) is rigorous and comprehensive. It typically involves:

- 1. Preclinical studies: In vitro and in vivo experiments to establish safety and efficacy
- 2. Phase I clinical trials: Small-scale studies focusing on safety and dosing in healthy volunteers
- 3. Phase II clinical trials: Larger studies to assess efficacy and further evaluate safety in patients with the target condition
- 4. Phase III clinical trials: Large-scale, randomized controlled trials to definitively demonstrate safety and efficacy
- 5. Time Investment: Typically takes between 5 to 10 years
- 6. Cost: The overall cost is \$100 million +

Throughout this process, sponsors must collect extensive data on pharmacokinetics, pharmacodynamics, and clinical outcomes. This thorough evaluation provides a high level of assurance regarding the safety and efficacy of the product, which is particularly important for novel therapies like mesenchymal exosomes.

Clinical Development Requirements for 361 Products

In contrast to the extensive clinical development required for 351(a) products, the clinical data requirements for 361 products are minimal. The focus is primarily on ensuring the safety of the product in terms of disease transmission and structural integrity. Key aspects include:

- Donor eligibility screening and testing
- Processing validation to ensure product quality and consistency
- Limited clinical data to support homologous use claims
- Time Investment: Minimal
- Cost: \$0

While this approach allows for faster product development and market entry, it significantly limits the ability to make specific therapeutic claims. For mesenchymal exosomes, which are typically intended for therapeutic use beyond simple tissue replacement, this categorization is generally inadequate, potentially misleading and poses a lot of risk to the patient.

Labeling and Claims: 351(a) vs 361

351(a) Labeling

Products approved under 351(a) can include specific indications of use backed by clinical data. Labels may describe the product's mechanism of action, clinical efficacy, and safety profile. Manufacturers can promote specific therapeutic benefits supported by evidence from clinical trials.

361 Labeling

Labeling for 361 products is limited to basic information about the product's intended use and processing details. Claims must be restricted to general functions rather than specific therapeutic benefits. No claims of clinical efficacy can be made without transitioning to the 351(a) pathway.

Impact on Marketing

The broader labeling allowed under 351(a) provides significant advantages in marketing and physician education. It allows companies to differentiate their products based on proven clinical benefits, potentially leading to wider adoption and reimbursement.



Market Access and Perceived Quality

The categorization of mesenchymal exosomes under 351(a) or 361 significantly impacts their market access and perceived quality. Products approved under the 351(a) pathway through a BLA are often viewed as having undergone more rigorous scrutiny, leading to higher perceived quality and reliability among healthcare providers and patients.

This perception can translate into several market advantages:

- Greater acceptance by medical professionals and institutions
- Improved likelihood of insurance coverage and reimbursement
- Higher potential for inclusion in treatment guidelines and protocols
- Enhanced patient confidence in the product's safety and efficacy

While 361 products may reach the market more quickly, they often face skepticism regarding their clinical efficacy and safety due to the less rigorous regulatory pathway, potentially limiting their market penetration and long-term success.

Manufacturing Standards and Quality Control

The manufacturing standards and quality control requirements differ significantly between 351(a) and 361 products. For 351(a) products, adherence to Current Good Manufacturing Practice (cGMP) regulations is mandatory. This involves:

- Rigorous quality management systems
- Validated manufacturing processes with in-process controls
- Comprehensive product testing and release criteria
- Stringent facility and equipment requirements

In contrast, 361 products must comply with Good Tissue Practice (GTP) regulations, which are less stringent and primarily focused on preventing disease transmission. The higher manufacturing standards for 351(a) products contribute to their perceived quality and reliability, crucial factors for novel therapies like mesenchymal exosomes.

Challenges in Categorizing Mesenchymal Exosomes

Categorizing mesenchymal exosomes presents unique challenges due to their complex nature and intended therapeutic use. Key factors influencing categorization include:

Minimal Manipulation

The isolation and processing of exosomes typically alters the original characteristics of the source tissue, precluding them from the 361 category.

2 Homologous Use

Exosomes are often intended for purposes different from the original function of the source tissue, further disqualifying them from 361 categorization.

3 Intended Use

The therapeutic applications of mesenchymal exosomes generally align more closely with drug-like effects, pushing them towards 351(a) categorization.

Regulatory Precedent

As a novel therapy, the FDA has indicated that mesenchymal exosomes should be regulated as biological products under 351(a).



Future Implications for Exosome-Based Therapies

The categorization of mesenchymal exosomes under 351(a) has significant implications for the future development of exosomebased therapies:

- 1. Increased investment in robust clinical trials to demonstrate safety and efficacy
- 2. Development of standardized manufacturing processes to meet cGMP requirements
- 3. Focus on specific therapeutic indications rather than general wellness claims
- 4. Potential for combination products incorporating exosomes with other therapeutic agents
- 5. Enhanced collaboration between academia and industry to advance the field

While the 351(a) pathway presents challenges in terms of time and resources, it ultimately paves the way for more scientifically rigorous and clinically meaningful exosome-based therapies. This approach aligns with the FDA's commitment to ensuring the safety and efficacy of advanced therapeutic products.